



Gold in Education and Elite Sport

Initiating dual career support with student athletes

Working on where to go and how to get there

N. Debois & L. Perrus

Co-funded by the
Erasmus+ Programme
of the European Union



Symposium GEES – 8 december 2016

INSEP
Terre de Champions

Can you introduce yourself in 5 to 10 mn ?

Listen

Take notes

DCSP action 1

DCSP action 2

Formalisation of notes

Domains
Periods
Persons
Duration



Example

	PAST	PRESENT	FUTURE
CIVIL STATUS			
SPORT			
FAMILY/ENTOURAGE			
RELATIONAL NETWORK			
STUDIES			
VOCATION			
PASSION/INTERESTS			



Can you introduce yourself in 5 to 10 mn ?

Listen

Take notes

Domains
Periods
Persons
Duration

DCSP action 1

Formalisation of notes

DCSP action 2

Presentation of the data to
the DCA without
interpretation

DCSP action 3



What are my dreams ?

Direct questioning

- How do you see yourself in 5 years' time? In 10 years' time? In the future?
- What professional situation would you like in the future?
- What importance do you give to your family life in your future life?
- Where do you see yourself living in the future?
- Happiness on a daily basis, what would it be for you?
- ...

Indirect questioning

- Can you describe what is important for you to have a balanced life, what is meaningful?
- In your history, is there an important moment/event which represents a situation you would like to live again one day?
- Among the places where you have been, is there one that you would like to see again?
- In your pathway, was there any environments or contexts in which you felt in harmony?

Images, music, movies, etc.



Setting out the framework

DCSP
role

To listen
To question

1/ In your opinion, what is my role as DCSP in your DC support?

2/ What are the other resource(s) you can rely on? 2/ What are the other resource(s) you can rely on?

3/ How do you perceive the human resources as well as other resources?

4/ What should you do to give yourself the means to succeed? What are your tasks?

To summarize

Case study with a scenario



**Thank you
for your attention**

N. Debois & L. Perrus

